# Gravitational Waves from Preheating in Matrix Inflation

#### Marius Oltean<sup>1</sup>,

A. Ashoorioon  $^2,$  B. Fung  $^3,$  R. B.  ${\rm Mann}^{3,4}$  and M. M. Sheikh-Jabbari  $^5$ 

<sup>1</sup> Department of Physics, McGill University, Montréal QC, Canada
 <sup>2</sup> Physics Department, Lancaster University, United Kingdom
 <sup>3</sup> Department of Physics and Astronomy, University of Waterloo, Waterloo ON, Canada
 <sup>4</sup> Perimeter Institute for Theoretical Physics, Waterloo ON, Canada
 <sup>5</sup> School of Physics, Institute for Research in Fundamental Sciences, Tehran, Iran



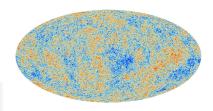
Cracow School of Theoretical Physics, LIII Course Zakopane — June 30, 2013

*Inflation* is an add-on to the Big Bang cosmology at early times to explain:

- Flatness/isotropy of the Universe.
- Primordial density perturbations.

Definition

Inflation  $\Leftrightarrow \ddot{a} > 0$ .



・回り イラト イラト

**Scalar Field Inflation**: The simplest inflationary models are obtained by minimally coupling Einstein gravity to a scalar field  $\phi$ , the *inflaton*, with some choice of potential, e.g.  $V(\phi) = m^2 \phi^2/2$ .

Problems:

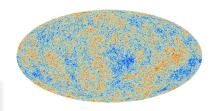
- Does not explain the flatness of the potential, i.e. why  $m \ll m_{
  m P}.$
- Requires super-Planckian field excursions, i.e.  $\Delta \phi \simeq 14 m_{\rm P} > m_{\rm P}$ .
- And what is this  $\phi$  field anyway?

*Inflation* is an add-on to the Big Bang cosmology at early times to explain:

- Flatness/isotropy of the Universe.
- Primordial density perturbations.

Definition

Inflation  $\Leftrightarrow \ddot{a} > 0$ .



・回り イラト イラト

**Scalar Field Inflation**: The simplest inflationary models are obtained by minimally coupling Einstein gravity to a scalar field  $\phi$ , the *inflaton*, with some choice of potential, e.g.  $V(\phi) = m^2 \phi^2/2$ .

Problems:

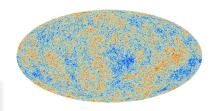
- Does not explain the flatness of the potential, i.e. why  $m \ll m_{
  m P}.$
- Requires super-Planckian field excursions, i.e.  $\Delta \phi \simeq 14 m_{\rm P} > m_{\rm P}$ .
- And what is this  $\phi$  field anyway?

*Inflation* is an add-on to the Big Bang cosmology at early times to explain:

- Flatness/isotropy of the Universe.
- Primordial density perturbations.

#### Definition

Inflation  $\Leftrightarrow \ddot{a} > 0$ .



4月 4 チャイチャ

**Scalar Field Inflation**: The simplest inflationary models are obtained by minimally coupling Einstein gravity to a scalar field  $\phi$ , the *inflaton*, with some choice of potential, e.g.  $V(\phi) = m^2 \phi^2/2$ .

#### Problems:

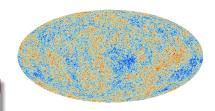
- Does not explain the flatness of the potential, i.e. why  $m \ll m_{
  m P}.$
- Requires super-Planckian field excursions, i.e.  $\Delta \phi \simeq 14 m_{\rm P} > m_{\rm P}$ .
- And what is this  $\phi$  field anyway?

*Inflation* is an add-on to the Big Bang cosmology at early times to explain:

- Flatness/isotropy of the Universe.
- Primordial density perturbations.

#### Definition

Inflation  $\Leftrightarrow \ddot{a} > 0.$ 



伺い イラト イラト

**Scalar Field Inflation**: The simplest inflationary models are obtained by minimally coupling Einstein gravity to a scalar field  $\phi$ , the *inflaton*, with some choice of potential, e.g.  $V(\phi) = m^2 \phi^2/2$ .

#### Problems:

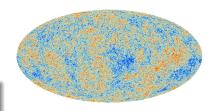
- Does not explain the flatness of the potential, i.e. why  $m \ll m_{
  m P}.$
- Requires super-Planckian field excursions, i.e.  $\Delta \phi \simeq 14 m_{\rm P} > m_{\rm P}$ .
- And what is this  $\phi$  field anyway?

*Inflation* is an add-on to the Big Bang cosmology at early times to explain:

- Flatness/isotropy of the Universe.
- Primordial density perturbations.

#### Definition

Inflation  $\Leftrightarrow \ddot{a} > 0$ .



伺い イヨト イヨト

Scalar Field Inflation: The simplest inflationary models are obtained by minimally coupling Einstein gravity to a scalar field  $\phi$ , the *inflaton*, with some choice of potential, e.g.  $V(\phi) = m^2 \phi^2/2$ .

Problems:

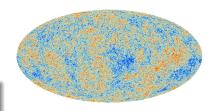
- Does not explain the flatness of the potential, i.e. why  $m \ll m_{
  m P}.$
- Requires super-Planckian field excursions, i.e.  $\Delta \phi \simeq 14 m_{\rm P} > m_{\rm P}$ .
- And what is this  $\phi$  field anyway?

*Inflation* is an add-on to the Big Bang cosmology at early times to explain:

- Flatness/isotropy of the Universe.
- Primordial density perturbations.

#### Definition

Inflation  $\Leftrightarrow \ddot{a} > 0$ .



Scalar Field Inflation: The simplest inflationary models are obtained by minimally coupling Einstein gravity to a scalar field  $\phi$ , the *inflaton*, with some choice of potential, e.g.  $V(\phi) = m^2 \phi^2/2$ .

#### Problems:

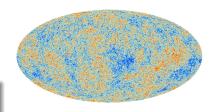
- Does not explain the flatness of the potential, i.e. why  $m \ll m_{\rm P}$ .
- Requires super-Planckian field excursions, i.e.  $\Delta \phi \simeq 14 m_{\rm P} > m_{\rm P}$ .
- And what is this  $\phi$  field anyway?

*Inflation* is an add-on to the Big Bang cosmology at early times to explain:

- Flatness/isotropy of the Universe.
- Primordial density perturbations.

#### Definition

Inflation  $\Leftrightarrow \ddot{a} > 0$ .



Scalar Field Inflation: The simplest inflationary models are obtained by minimally coupling Einstein gravity to a scalar field  $\phi$ , the *inflaton*, with some choice of potential, e.g.  $V(\phi) = m^2 \phi^2/2$ .

#### Problems:

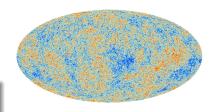
- Does not explain the flatness of the potential, i.e. why  $m \ll m_{\rm P}$ .
- Requires super-Planckian field excursions, i.e.  $\Delta \phi \simeq 14 m_{\rm P} > m_{\rm P}$ .
- And what is this  $\phi$  field anyway?

*Inflation* is an add-on to the Big Bang cosmology at early times to explain:

- Flatness/isotropy of the Universe.
- Primordial density perturbations.

#### Definition

Inflation  $\Leftrightarrow \ddot{a} > 0$ .



Scalar Field Inflation: The simplest inflationary models are obtained by minimally coupling Einstein gravity to a scalar field  $\phi$ , the *inflaton*, with some choice of potential, e.g.  $V(\phi) = m^2 \phi^2/2$ .

#### Problems:

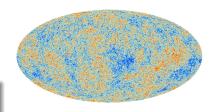
- Does not explain the flatness of the potential, i.e. why  $m \ll m_{\rm P}.$
- Requires super-Planckian field excursions, i.e.  $\Delta \phi \simeq 14 m_{\rm P} > m_{\rm P}$ .
- And what is this  $\phi$  field anyway?

*Inflation* is an add-on to the Big Bang cosmology at early times to explain:

- Flatness/isotropy of the Universe.
- Primordial density perturbations.

#### Definition

Inflation  $\Leftrightarrow \ddot{a} > 0$ .



Scalar Field Inflation: The simplest inflationary models are obtained by minimally coupling Einstein gravity to a scalar field  $\phi$ , the *inflaton*, with some choice of potential, e.g.  $V(\phi) = m^2 \phi^2/2$ .

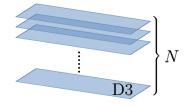
#### Problems:

- Does not explain the flatness of the potential, i.e. why  $m \ll m_{\rm P}$ .
- Requires super-Planckian field excursions, i.e.  $\Delta \phi \simeq 14 m_{\rm P} > m_{\rm P}$ .
- And what is this  $\phi$  field anyway?

# Matrix Inflation from String Theory

Matrix inflation (or M-flation):

- The inflaton: three N × N Hermitian matrices Φ<sub>i</sub> (∀1 ≤ i ≤ 3).
- The potential: from the dynamics of N D3-branes in a specific d = 10 IIB SUGRA background, so that  $\Phi_i \propto X_i$  transverse to the D3-branes.



#### (A. Ashoorioon, H. Firouzjahi and M. M. Sheikh-Jabbari, JCAP 0906:018, 2009, arXiv:0903.1481)

#### Gauged M-flation Action

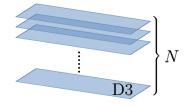
$$S = \int d^4x \sqrt{-g} \left\{ -\frac{m_{\rm P}^2}{2} R - \frac{1}{4} \operatorname{Tr} \left( \mathbf{F}_{\mu\nu} \mathbf{F}^{\mu\nu} \right) - \frac{1}{2} \operatorname{Tr} \left( D_{\mu} \Phi_i D^{\mu} \Phi_i \right) - V \right\},$$
$$V = \operatorname{Tr} \left( -\frac{\lambda}{4} [\Phi_i, \Phi_j] [\Phi_i, \Phi_j] + \frac{i\kappa}{3} \epsilon_{jkl} [\Phi_k, \Phi_l] \Phi_j + \frac{m^2}{2} \Phi_i^2 \right)$$

where  $\mathbf{F}_{\mu\nu} = 2\partial_{[\mu}\mathbf{A}_{\nu]} + \mathrm{i}g_{_{YM}}[\mathbf{A}_{\mu}, \mathbf{A}_{\nu}], \quad D_{\mu}\Phi_i = \partial_{\mu}\Phi_i + \mathrm{i}g_{_{YM}}[\mathbf{A}_{\mu}, \Phi_i].$ (A. Ashoorioon, M. M. Sheikh-Jabbari, JCAP 1106 (2011) 014, arXiv:1101.0048)

# Matrix Inflation from String Theory

Matrix inflation (or M-flation):

- The inflaton: three N × N Hermitian matrices Φ<sub>i</sub> (∀1 ≤ i ≤ 3).
- The potential: from the dynamics of N D3-branes in a specific d = 10 IIB SUGRA background, so that  $\Phi_i \propto X_i$  transverse to the D3-branes.



(A. Ashoorioon, H. Firouzjahi and M. M. Sheikh-Jabbari, JCAP 0906:018, 2009, arXiv:0903.1481)

#### Gauged M-flation Action

$$S = \int d^4x \sqrt{-g} \left\{ -\frac{m_{\rm P}^2}{2} R - \frac{1}{4} \operatorname{Tr} \left( \mathbf{F}_{\mu\nu} \mathbf{F}^{\mu\nu} \right) - \frac{1}{2} \operatorname{Tr} \left( D_{\mu} \Phi_i D^{\mu} \Phi_i \right) - V \right\},$$
$$V = \operatorname{Tr} \left( -\frac{\lambda}{4} [\Phi_i, \Phi_j] [\Phi_i, \Phi_j] + \frac{\mathrm{i}\kappa}{3} \epsilon_{jkl} [\Phi_k, \Phi_l] \Phi_j + \frac{m^2}{2} \Phi_i^2 \right)$$

where  $\mathbf{F}_{\mu\nu} = 2\partial_{[\mu}\mathbf{A}_{\nu]} + \mathrm{i}g_{_{\mathrm{YM}}}[\mathbf{A}_{\mu}, \mathbf{A}_{\nu}], \quad D_{\mu}\mathbf{\Phi}_{i} = \partial_{\mu}\mathbf{\Phi}_{i} + \mathrm{i}g_{_{\mathrm{YM}}}[\mathbf{A}_{\mu}, \mathbf{\Phi}_{i}].$ (A. Ashoorioon, M. M. Sheikh-Jabbari, JCAP 1106 (2011) 014, arXiv:1101.0048)

The EOMs for the scalar and gauge fields are:

$$\begin{split} D_{\mu}D^{\mu}\boldsymbol{\Phi}_{i} + \lambda[\boldsymbol{\Phi}_{j},[\boldsymbol{\Phi}_{i},\boldsymbol{\Phi}_{j}]] - \mathrm{i}\kappa\epsilon_{ijk}[\boldsymbol{\Phi}_{j},\boldsymbol{\Phi}_{k}] - m^{2}\boldsymbol{\Phi}_{i} = 0, \\ D_{\mu}\mathbf{F}^{\mu\nu} - \mathrm{i}g_{_{\mathrm{YM}}}[\boldsymbol{\Phi}_{i},D^{\nu}\boldsymbol{\Phi}_{i}] = 0. \end{split}$$

If  $\{\mathbf{J}_i\}_{i=1}^3$  are the  $N \times N$  generators of  $\mathbf{SU}(2)$ :  $[\mathbf{J}_i, \mathbf{J}_j] = i\epsilon_{ijk}\mathbf{J}_k$ , let

$$\mathbf{\Phi}_i = \hat{\phi} \mathbf{J}_i + \mathbf{\Psi}_i.$$

#### Remark

If initially  $\Psi_i = \dot{\Psi}_i = 0$  and  $\hat{\phi} \neq 0$ , the EOMs imply  $\Psi_i = 0$  for all time. Moreover, if  $\mathbf{A}_{\mu} = 0$  as well,  $\Phi_i$  will not source it.

Hence,  $\Psi_i$  and  $\mathbf{A}_{\mu}$  are *spectators* – they can be turned off classically:  $S = \int d^4x \sqrt{-g} \left\{ -\frac{m_{\rm P}^2}{2}R + \mathrm{Tr}\mathbf{J}^2 \left( -\frac{1}{2}\partial_{\mu}\hat{\phi}\partial^{\mu}\hat{\phi} - \frac{\lambda}{2}\hat{\phi}^4 + \frac{2\kappa}{3}\hat{\phi}^3 - \frac{m^2}{2}\hat{\phi}^2 \right) \right\}$ where  $\mathrm{Tr}\mathbf{J}^2 = \mathrm{Tr}(\mathbf{J}_i\mathbf{J}_i) = N(N^2 - 1)/4$ . Setting  $\phi = \sqrt{\mathrm{Tr}\mathbf{J}^2}\hat{\phi}$ , this just becomes the usual scalar field inflationary action with a quartic potential.

The EOMs for the scalar and gauge fields are:

$$\begin{split} D_{\mu}D^{\mu}\boldsymbol{\Phi}_{i} + \lambda[\boldsymbol{\Phi}_{j},[\boldsymbol{\Phi}_{i},\boldsymbol{\Phi}_{j}]] - \mathrm{i}\kappa\epsilon_{ijk}[\boldsymbol{\Phi}_{j},\boldsymbol{\Phi}_{k}] - m^{2}\boldsymbol{\Phi}_{i} = 0, \\ D_{\mu}\mathbf{F}^{\mu\nu} - \mathrm{i}g_{_{\mathrm{YM}}}[\boldsymbol{\Phi}_{i},D^{\nu}\boldsymbol{\Phi}_{i}] = 0. \end{split}$$

If  $\{\mathbf{J}_i\}_{i=1}^3$  are the  $N \times N$  generators of  $\mathbf{SU}(2)$ :  $[\mathbf{J}_i, \mathbf{J}_j] = i\epsilon_{ijk}\mathbf{J}_k$ , let

$$\mathbf{\Phi}_i = \hat{\phi} \mathbf{J}_i + \mathbf{\Psi}_i.$$

#### Remark

If initially  $\Psi_i = \dot{\Psi}_i = 0$  and  $\hat{\phi} \neq 0$ , the EOMs imply  $\Psi_i = 0$  for all time. Moreover, if  $\mathbf{A}_{\mu} = 0$  as well,  $\Phi_i$  will not source it.

Hence,  $\Psi_i$  and  $\mathbf{A}_{\mu}$  are *spectators* – they can be turned off classically:  $S = \int d^4x \sqrt{-g} \left\{ -\frac{m_{\rm P}^2}{2}R + \mathrm{Tr}\mathbf{J}^2 \left( -\frac{1}{2}\partial_{\mu}\hat{\phi}\partial^{\mu}\hat{\phi} - \frac{\lambda}{2}\hat{\phi}^4 + \frac{2\kappa}{3}\hat{\phi}^3 - \frac{m^2}{2}\hat{\phi}^2 \right) \right\}$ where  $\mathrm{Tr}\mathbf{J}^2 = \mathrm{Tr}(\mathbf{J}_i\mathbf{J}_i) = N(N^2 - 1)/4$ . Setting  $\phi = \sqrt{\mathrm{Tr}\mathbf{J}^2}\hat{\phi}$ , this just becomes the usual scalar field inflationary action with a quartic potential.

The EOMs for the scalar and gauge fields are:

$$\begin{split} D_{\mu}D^{\mu}\boldsymbol{\Phi}_{i} + \lambda[\boldsymbol{\Phi}_{j},[\boldsymbol{\Phi}_{i},\boldsymbol{\Phi}_{j}]] - \mathrm{i}\kappa\epsilon_{ijk}[\boldsymbol{\Phi}_{j},\boldsymbol{\Phi}_{k}] - m^{2}\boldsymbol{\Phi}_{i} = 0, \\ D_{\mu}\mathbf{F}^{\mu\nu} - \mathrm{i}g_{_{\mathrm{YM}}}[\boldsymbol{\Phi}_{i},D^{\nu}\boldsymbol{\Phi}_{i}] = 0. \end{split}$$

If  $\left\{\mathbf{J}_{i}\right\}_{i=1}^{3}$  are the  $N \times N$  generators of  $\mathbf{SU}(2)$ :  $[\mathbf{J}_{i}, \mathbf{J}_{j}] = i\epsilon_{ijk}\mathbf{J}_{k}$ , let

$$\mathbf{\Phi}_i = \hat{\phi} \mathbf{J}_i + \mathbf{\Psi}_i.$$

#### Remark

If initially  $\Psi_i = \dot{\Psi}_i = 0$  and  $\hat{\phi} \neq 0$ , the EOMs imply  $\Psi_i = 0$  for all time. Moreover, if  $\mathbf{A}_{\mu} = 0$  as well,  $\Phi_i$  will not source it.

Hence,  $\Psi_i$  and  $\mathbf{A}_{\mu}$  are *spectators* – they can be turned off classically:

$$S = \int d^4x \sqrt{-g} \left\{ -\frac{m_{\rm P}^2}{2}R + \text{Tr}\mathbf{J}^2 \left( -\frac{1}{2}\partial_\mu \hat{\phi} \partial^\mu \hat{\phi} - \frac{\lambda}{2} \hat{\phi}^4 + \frac{2\kappa}{3} \hat{\phi}^3 - \frac{m^2}{2} \hat{\phi}^2 \right) \right\}$$
  
where  $\text{Tr}\mathbf{J}^2 = \text{Tr}(\mathbf{J}_i\mathbf{J}_i) = N(N^2 - 1)/4$ . Setting  $\phi = \sqrt{\text{Tr}\mathbf{J}^2}\hat{\phi}$ , this just becomes the usual scalar field inflationary action with a quartic potential.

The EOMs for the scalar and gauge fields are:

$$D_{\mu}D^{\mu}\boldsymbol{\Phi}_{i} + \lambda[\boldsymbol{\Phi}_{j}, [\boldsymbol{\Phi}_{i}, \boldsymbol{\Phi}_{j}]] - i\kappa\epsilon_{ijk}[\boldsymbol{\Phi}_{j}, \boldsymbol{\Phi}_{k}] - m^{2}\boldsymbol{\Phi}_{i} = 0,$$
$$D_{\mu}\mathbf{F}^{\mu\nu} - ig_{_{YM}}[\boldsymbol{\Phi}_{i}, D^{\nu}\boldsymbol{\Phi}_{i}] = 0.$$

If  $\{\mathbf{J}_i\}_{i=1}^3$  are the  $N \times N$  generators of  $\mathbf{SU}(2)$ :  $[\mathbf{J}_i, \mathbf{J}_j] = i\epsilon_{ijk}\mathbf{J}_k$ , let

$$\mathbf{\Phi}_i = \hat{\phi} \mathbf{J}_i + \mathbf{\Psi}_i.$$

#### Remark

If initially  $\Psi_i = \dot{\Psi}_i = 0$  and  $\hat{\phi} \neq 0$ , the EOMs imply  $\Psi_i = 0$  for all time. Moreover, if  $\mathbf{A}_{\mu} = 0$  as well,  $\Phi_i$  will not source it.

Hence,  $\Psi_i$  and  $\mathbf{A}_{\mu}$  are *spectators* – they can be turned off classically:

$$S = \int \mathrm{d}^4 x \sqrt{-g} \left\{ -\frac{m_{\rm P}^2}{2} R + \mathrm{Tr} \mathbf{J}^2 \left( -\frac{1}{2} \partial_\mu \hat{\phi} \partial^\mu \hat{\phi} - \frac{\lambda}{2} \hat{\phi}^4 + \frac{2\kappa}{3} \hat{\phi}^3 - \frac{m^2}{2} \hat{\phi}^2 \right) \right\}$$

where  $\operatorname{Tr} \mathbf{J}^2 = \operatorname{Tr}(\mathbf{J}_i \mathbf{J}_i) = N(N^2 - 1)/4$ . Setting  $\phi = \sqrt{\operatorname{Tr} \mathbf{J}^2} \hat{\phi}$ , this just becomes the usual scalar field inflationary action with a quartic potential.

With 
$$\lambda_{\text{eff}} = \frac{8\lambda}{N(N^2-1)}$$
,  $\kappa_{\text{eff}} = \frac{2\kappa}{[N(N^2-1)]^{1/2}}$ ,  
 $V_0(\phi) = \frac{\lambda_{\text{eff}}}{4}\phi^4 - \frac{2\kappa_{\text{eff}}}{3}\phi^3 + \frac{m^2}{2}\phi^2$   
 $= \frac{\lambda_{\text{eff}}}{4}\phi^2(\phi-\mu)^2$ ,  $\mu := \frac{\sqrt{2}m}{\sqrt{\lambda_{\text{eff}}}}$   
where  $\lambda m^2 = (2\kappa/3)^2$  is fixed, to have a constant dilaton in the SUGRA theory.

- The necessary values for successful inflation can be determined by imposing 60 e-foldings and some CMB observations ( $\delta_H$  and  $n_s$ ).
- Solves all three problems raised earlier: the couplings are naturally small; the field displacement is less than the UV cutoff (1101.0048); and the inflaton has a known (stringy) origin.
- The next question is: How can we probe this with observations? Look to preheating.

With 
$$\lambda_{\text{eff}} = \frac{8\lambda}{N(N^2-1)}$$
,  $\kappa_{\text{eff}} = \frac{2\kappa}{[N(N^2-1)]^{1/2}}$ ,  
 $V_0(\phi) = \frac{\lambda_{\text{eff}}}{4}\phi^4 - \frac{2\kappa_{\text{eff}}}{3}\phi^3 + \frac{m^2}{2}\phi^2$   
 $= \frac{\lambda_{\text{eff}}}{4}\phi^2(\phi-\mu)^2$ ,  $\mu := \frac{\sqrt{2}m}{\sqrt{\lambda_{\text{eff}}}}$   
where  $\lambda m^2 = (2\kappa/3)^2$  is fixed, to have a constant dilaton in the SUGRA theory.

- The necessary values for successful inflation can be determined by imposing 60 e-foldings and some CMB observations ( $\delta_H$  and  $n_s$ ).
- Solves all three problems raised earlier: the couplings are naturally small; the field displacement is less than the UV cutoff (1101.0048); and the inflaton has a known (stringy) origin.
- The next question is: How can we probe this with observations? Look to preheating.

With 
$$\lambda_{\text{eff}} = \frac{8\lambda}{N(N^2-1)}$$
,  $\kappa_{\text{eff}} = \frac{2\kappa}{[N(N^2-1)]^{1/2}}$ ,  
 $V_0(\phi) = \frac{\lambda_{\text{eff}}}{4}\phi^4 - \frac{2\kappa_{\text{eff}}}{3}\phi^3 + \frac{m^2}{2}\phi^2$   
 $= \frac{\lambda_{\text{eff}}}{4}\phi^2(\phi-\mu)^2$ ,  $\mu := \frac{\sqrt{2}m}{\sqrt{\lambda_{\text{eff}}}}$   
where  $\lambda m^2 = (2\kappa/3)^2$  is fixed, to have a constant dilaton in the SUGRA theory.

- The necessary values for successful inflation can be determined by imposing 60 e-foldings and some CMB observations ( $\delta_H$  and  $n_s$ ).
- Solves all three problems raised earlier: the couplings are naturally small; the field displacement is less than the UV cutoff (1101.0048); and the inflaton has a known (stringy) origin.
- The next question is: How can we probe this with observations? Look to preheating.

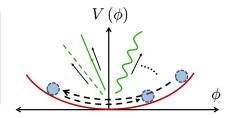
With 
$$\lambda_{\text{eff}} = \frac{8\lambda}{N(N^2-1)}$$
,  $\kappa_{\text{eff}} = \frac{2\kappa}{[N(N^2-1)]^{1/2}}$ ,  
 $V_0(\phi) = \frac{\lambda_{\text{eff}}}{4}\phi^4 - \frac{2\kappa_{\text{eff}}}{3}\phi^3 + \frac{m^2}{2}\phi^2$   
 $= \frac{\lambda_{\text{eff}}}{4}\phi^2(\phi-\mu)^2$ ,  $\mu := \frac{\sqrt{2}m}{\sqrt{\lambda_{\text{eff}}}}$   
where  $\lambda m^2 = (2\kappa/3)^2$  is fixed, to have a constant dilaton in the SUGRA theory.

- The necessary values for successful inflation can be determined by imposing 60 e-foldings and some CMB observations ( $\delta_H$  and  $n_s$ ).
- Solves all three problems raised earlier: the couplings are naturally small; the field displacement is less than the UV cutoff (1101.0048); and the inflaton has a known (stringy) origin.
- The next question is: How can we probe this with observations? Look to preheating.

# Preheating and Parametric Resonance: Basic Idea

#### Definition

*Preheating* is the epoch just after inflation, during which the inflaton decays into SM particles via damped oscillations about its minimum.



The idea is to treat  $\phi$  classically, but the matter field  $\chi$  quantumly:

$$\hat{\chi}(t,\mathbf{x}) = \int \frac{\mathrm{d}^3 k}{(2\pi)^{3/2}} \left( \chi_k^*(t) \, \hat{a}_k e^{\mathrm{i}\mathbf{k}\cdot\mathbf{x}} + \chi_k(t) \, \hat{a}_k^{\dagger} e^{-\mathrm{i}\mathbf{k}\cdot\mathbf{x}} \right)$$

Then, the simplest choice for an interaction is:

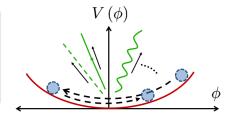
$$S_{\rm int} \propto \int d^4x \sqrt{-g} \phi^2 \chi^2 \quad \Rightarrow \quad \ddot{\chi}_k + 3H \dot{\chi}_k + \left(\frac{k^2}{a^2} + m_{\rm eff}^2\left(\phi\right)\right) \chi_k = 0,$$

where  $m_{\text{eff}}^2(\phi)$  is oscillatory and hence the EOM for  $\chi$  has the form of a Mathieu equation: well-known instabilities for certain ranges of k, leading to exponential growth, i.e. *parametric resonance*.

# Preheating and Parametric Resonance: Basic Idea

#### Definition

*Preheating* is the epoch just after inflation, during which the inflaton decays into SM particles via damped oscillations about its minimum.



The idea is to treat  $\phi$  classically, but the matter field  $\chi$  quantumly:

$$\hat{\chi}(t, \mathbf{x}) = \int \frac{\mathrm{d}^3 k}{(2\pi)^{3/2}} \left( \chi_k^*(t) \, \hat{a}_k e^{\mathrm{i}\mathbf{k}\cdot\mathbf{x}} + \chi_k(t) \, \hat{a}_k^{\dagger} e^{-\mathrm{i}\mathbf{k}\cdot\mathbf{x}} \right)$$

Then, the simplest choice for an interaction is:

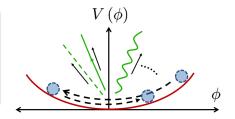
$$S_{\rm int} \propto \int d^4x \sqrt{-g} \phi^2 \chi^2 \quad \Rightarrow \quad \ddot{\chi}_k + 3H \dot{\chi}_k + \left(\frac{k^2}{a^2} + m_{\rm eff}^2\left(\phi\right)\right) \chi_k = 0,$$

where  $m_{\rm eff}^2(\phi)$  is oscillatory and hence the EOM for  $\chi$  has the form of a Mathieu equation: well-known instabilities for certain ranges of k, leading to exponential growth, i.e. *parametric resonance*.

# Preheating and Parametric Resonance: Basic Idea

#### Definition

*Preheating* is the epoch just after inflation, during which the inflaton decays into SM particles via damped oscillations about its minimum.



The idea is to treat  $\phi$  classically, but the matter field  $\chi$  quantumly:

$$\hat{\chi}(t,\mathbf{x}) = \int \frac{\mathrm{d}^3 k}{\left(2\pi\right)^{3/2}} \left(\chi_k^*\left(t\right) \hat{a}_k e^{\mathrm{i}\mathbf{k}\cdot\mathbf{x}} + \chi_k\left(t\right) \hat{a}_k^{\dagger} e^{-\mathrm{i}\mathbf{k}\cdot\mathbf{x}}\right).$$

Then, the simplest choice for an interaction is:

$$S_{\rm int} \propto \int \mathrm{d}^4 x \sqrt{-g} \phi^2 \chi^2 \quad \Rightarrow \quad \ddot{\chi}_k + 3H \dot{\chi}_k + \left(\frac{k^2}{a^2} + m_{\rm eff}^2\left(\phi\right)\right) \chi_k = 0,$$

where  $m_{\text{eff}}^2(\phi)$  is oscillatory and hence the EOM for  $\chi$  has the form of a Mathieu equation: well-known instabilities for certain ranges of k, leading to exponential growth, i.e. *parametric resonance*.

Although the spectators  $\Psi_i$  and  $A_{\mu}$  are turned off classically during M-flation, they can be excited quantumly and thus serve as preheat fields!

Treating both in turn as perturbations, at quadratic order (1101.0048):

#### Spectator Masses (with degeneracy 2j + 1 for each mode)

 $\begin{aligned} & \text{scalar} \; \begin{cases} M_{\alpha_j}^2 = \frac{1}{2} \lambda_{\text{eff}} \phi^2 (j+2)(j+3) - 2\kappa_{\text{eff}} \phi(j+2) + m^2, & 0 \leq j \leq N-2, \\ M_{\beta_j}^2 = \frac{1}{2} \lambda_{\text{eff}} \phi^2 (j-1)(j-2) + 2\kappa_{\text{eff}} \phi(j-1) + m^2, & 1 \leq j \leq N, \\ & \text{gauge} \; \begin{cases} M_{A_j}^2 = \frac{1}{4} \lambda_{\text{eff}} \phi^2 j(j+1), & 0 \leq j \leq N-1. \end{cases} \end{aligned}$ 

#### Remark

The potential for each scalar mode must also receive a ( $\phi$ -independent) quartic correction to ameliorate the possibility of a tachyonic mass.

Parametric resonance during preheating can be a good source of GW. We numerically computed their spectra in M-flation using Zhiqi Huang's HLattice 2.0 (Z. Huang, Phys. Rev. D83:123509, 2011, arXiv:1102.0227).

ヘロト 人間ト ヘヨト ヘヨト

Although the spectators  $\Psi_i$  and  $\mathbf{A}_\mu$  are turned off classically during M-flation, they can be excited quantumly and thus serve as preheat fields!

Treating both in turn as perturbations, at quadratic order (1101.0048):

#### Spectator Masses (with degeneracy 2j + 1 for each mode)

scalar <	$\begin{cases} M_{\alpha_j}^2 = \frac{1}{2}\lambda_{\text{eff}}\phi^2(j+2)(j+3) - 2\kappa_{\text{eff}}\phi(j+2) + m^2, \\ M_{\beta_j}^2 = \frac{1}{2}\lambda_{\text{eff}}\phi^2(j-1)(j-2) + 2\kappa_{\text{eff}}\phi(j-1) + m^2, \end{cases}$	$\begin{array}{l} 0 \leq j \leq N-2, \\ 1 \leq j \leq N, \end{array}$
gauge <	$\left\{M_{A_j}^2 = \frac{1}{4}\lambda_{\text{eff}}\phi^2 j(j+1),\right.$	$0 \leq j \leq N-1.$

#### Remark

The potential for each scalar mode must also receive a ( $\phi$ -independent) quartic correction to ameliorate the possibility of a tachyonic mass.

Parametric resonance during preheating can be a good source of GW. We numerically computed their spectra in M-flation using Zhiqi Huang's HLattice 2.0 (Z. Huang, Phys. Rev. D83:123509, 2011, arXiv:1102.0227).

- 4 回 ト 4 三 ト

Although the spectators  $\Psi_i$  and  $\mathbf{A}_\mu$  are turned off classically during M-flation, they can be excited quantumly and thus serve as preheat fields!

Treating both in turn as perturbations, at quadratic order (1101.0048):

#### Spectator Masses (with degeneracy 2j + 1 for each mode)

$$\begin{split} & \text{scalar} \; \begin{cases} M_{\alpha_j}^2 = \frac{1}{2} \lambda_{\text{eff}} \phi^2(j+2)(j+3) - 2\kappa_{\text{eff}} \phi(j+2) + m^2, & 0 \leq j \leq N-2, \\ M_{\beta_j}^2 = \frac{1}{2} \lambda_{\text{eff}} \phi^2(j-1)(j-2) + 2\kappa_{\text{eff}} \phi(j-1) + m^2, & 1 \leq j \leq N, \\ & \text{gauge} \; \begin{cases} M_{A_j}^2 = \frac{1}{4} \lambda_{\text{eff}} \phi^2 j(j+1), & 0 \leq j \leq N-1. \end{cases} \end{cases}$$

#### Remark

The potential for each scalar mode must also receive a ( $\phi$ -independent) quartic correction to ameliorate the possibility of a tachyonic mass.

Parametric resonance during preheating can be a good source of GW. We numerically computed their spectra in M-flation using Zhiqi Huang's HLattice 2.0 (Z. Huang, Phys. Rev. D83:123509, 2011, arXiv:1102.0227).

・ 同 ト ・ ヨ ト ・ ヨ ト

Although the spectators  $\Psi_i$  and  $\mathbf{A}_\mu$  are turned off classically during M-flation, they can be excited quantumly and thus serve as preheat fields!

Treating both in turn as perturbations, at quadratic order (1101.0048):

#### Spectator Masses (with degeneracy 2j + 1 for each mode)

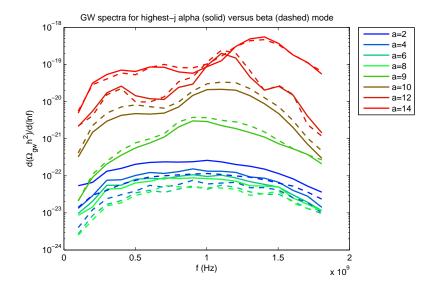
$$\begin{split} & \text{scalar} \; \begin{cases} M_{\alpha_j}^2 = \frac{1}{2} \lambda_{\text{eff}} \phi^2 (j+2)(j+3) - 2\kappa_{\text{eff}} \phi(j+2) + m^2, & 0 \leq j \leq N-2, \\ M_{\beta_j}^2 = \frac{1}{2} \lambda_{\text{eff}} \phi^2 (j-1)(j-2) + 2\kappa_{\text{eff}} \phi(j-1) + m^2, & 1 \leq j \leq N, \\ & \text{gauge} \; \begin{cases} M_{A_j}^2 = \frac{1}{4} \lambda_{\text{eff}} \phi^2 j(j+1), & 0 \leq j \leq N-1. \end{cases} \end{cases}$$

#### Remark

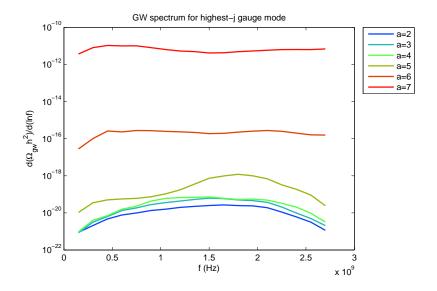
The potential for each scalar mode must also receive a ( $\phi$ -independent) quartic correction to ameliorate the possibility of a tachyonic mass.

Parametric resonance during preheating can be a good source of GW. We numerically computed their spectra in M-flation using Zhiqi Huang's HLattice 2.0 (Z. Huang, Phys. Rev. D83:123509, 2011, arXiv:1102.0227).

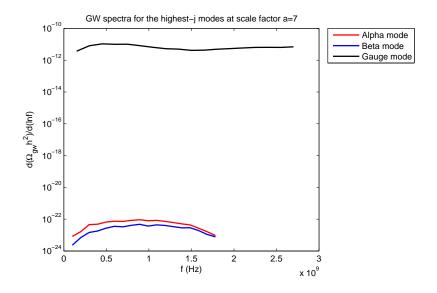
### Gravity Waves from M-flation Preheating: Scalar Modes



### Gravity Waves from M-flation Preheating: Gauge Mode



### Gravity Waves from M-flation Preheating: Scalar vs Gauge



э

### Conclusions

- M-flation, which resolves many of the theoretical difficulties associated with standard chaotic inflation, can also make concrete predictions from its built-in preheating mechanism.
- In particular, M-flation preheating produces a large-amplitude GW spectrum in the GHz band, chiefly thanks to its gauge spectators.
- Such a spectrum could be observed by ultra-high frequency GW detectors that probe the GHz band, e.g. the Birmingham HFGW detector (below) or the INFN Genoa HFGW resonant antenna.

★ Ξ ► < Ξ ►</p>

### Conclusions

- M-flation, which resolves many of the theoretical difficulties associated with standard chaotic inflation, can also make concrete predictions from its built-in preheating mechanism.
- In particular, M-flation preheating produces a large-amplitude GW spectrum in the GHz band, chiefly thanks to its gauge spectators.
- Such a spectrum could be observed by ultra-high frequency GW detectors that probe the GHz band, e.g. the Birmingham HFGW detector (below) or the INFN Genoa HFGW resonant antenna.

化压力 化压力

### Conclusions

- M-flation, which resolves many of the theoretical difficulties associated with standard chaotic inflation, can also make concrete predictions from its built-in preheating mechanism.
- In particular, M-flation preheating produces a large-amplitude GW spectrum in the GHz band, chiefly thanks to its gauge spectators.
- Such a spectrum could be observed by ultra-high frequency GW detectors that probe the GHz band, e.g. the Birmingham HFGW detector (below) or the INFN Genoa HFGW resonant antenna.



Thank you for your attention.

< ∃⇒

Ξ.

#### Appendix I: Spectator Perturbations to Quadratic Order

Scalar spectators: Inserting  ${f \Phi}_i=\hat{\phi}{f J}_i+{f \Psi}_i$ ,  ${f A}_\mu=0$  into the action,

$$\mathcal{L}_{\Psi}^{(2)} = -\frac{1}{2} \operatorname{Tr}(\partial_{\mu} \Psi_{i})^{2} - (M^{2}/2) \Psi_{i}^{2}, \text{ if } i\epsilon_{ijk}[\mathbf{J}_{j}, \Psi_{k}] = \omega \Psi_{i}$$
$$+ \operatorname{Tr}\left[\underbrace{\frac{\lambda}{2} \hat{\phi}^{2} \left(\epsilon_{ijk}[\mathbf{J}_{j}, \Psi_{k}]\right)^{2} + i\left(\frac{\lambda}{2} \hat{\phi}^{2} - \kappa \hat{\phi}\right) \epsilon_{ijk}[\mathbf{J}_{i}, \Psi_{j}] \Psi_{k} - \frac{m^{2}}{2} \Psi_{i}^{2}\right]}$$

**Gauge spectators**: Inserting  $\Psi_i = \Phi_i - \hat{\phi} \mathbf{J}_i = 0$  into the action and expanding to second order in  $\mathbf{A}_{\mu}$ , we get

$$\mathcal{L}_{\mathbf{A}_{\mu}}^{(2)} = -\frac{1}{4} \operatorname{Tr} \left( \partial_{[\mu} \mathbf{A}_{\nu]} \right)^{2} \underbrace{+ \frac{1}{2} g_{_{\mathrm{YM}}}^{2} \hat{\phi}^{2} \operatorname{Tr} \left( [\mathbf{J}_{i}, \mathbf{A}_{\mu}] [\mathbf{J}_{i}, \mathbf{A}_{\mu}] \right)}_{- \left( M_{A}^{2}/2 \right) \operatorname{Tr} \left( \mathbf{A}_{\mu}^{2} \right), \text{ if } [\mathbf{J}_{i}, [\mathbf{J}_{i}, \mathbf{A}_{\mu}]] = \omega \mathbf{A}_{\mu}}$$

#### Appendix I: Spectator Perturbations to Quadratic Order

Scalar spectators: Inserting  ${f \Phi}_i=\hat{\phi}{f J}_i+{f \Psi}_i$ ,  ${f A}_\mu=0$  into the action,

$$\mathcal{L}_{\Psi}^{(2)} = -\frac{1}{2} \operatorname{Tr}(\partial_{\mu} \Psi_{i})^{2} - (M^{2}/2) \Psi_{i}^{2}, \text{ if } i\epsilon_{ijk}[\mathbf{J}_{j}, \Psi_{k}] = \omega \Psi_{i}$$
$$+ \operatorname{Tr}\left[\underbrace{\frac{\lambda}{2} \hat{\phi}^{2} \left(\epsilon_{ijk}[\mathbf{J}_{j}, \Psi_{k}]\right)^{2} + i\left(\frac{\lambda}{2} \hat{\phi}^{2} - \kappa \hat{\phi}\right) \epsilon_{ijk}[\mathbf{J}_{i}, \Psi_{j}] \Psi_{k} - \frac{m^{2}}{2} \Psi_{i}^{2}\right]}$$

**Gauge spectators**: Inserting  $\Psi_i = \Phi_i - \hat{\phi} \mathbf{J}_i = 0$  into the action and expanding to second order in  $\mathbf{A}_{\mu}$ , we get

$$\mathcal{L}_{\mathbf{A}_{\mu}}^{(2)} = -\frac{1}{4} \operatorname{Tr} \left( \partial_{[\mu} \mathbf{A}_{\nu]} \right)^{2} \underbrace{+ \frac{1}{2} g_{_{\mathrm{YM}}}^{2} \hat{\phi}^{2} \operatorname{Tr} \left( [\mathbf{J}_{i}, \mathbf{A}_{\mu}] \left[ \mathbf{J}_{i}, \mathbf{A}_{\mu} \right] \right)}_{- \left( M_{A}^{2}/2 \right) \operatorname{Tr} \left( \mathbf{A}_{\mu}^{2} \right), \text{ if } [\mathbf{J}_{i}, [\mathbf{J}_{i}, \mathbf{A}_{\mu}]] = \omega \mathbf{A}_{\mu}}$$

### Appendix II: Scalar Spectator Quartic Couplings

For the potential of any scalar mode,

$$V = V_0(\phi) + \frac{M^2(\phi)}{2}\chi^2 + \Lambda\chi^4,$$

we calculate the quartic coupling to be:

$$\begin{cases} \Lambda_{\alpha_{j-2}} \\ \Lambda_{\beta_{j+2}} \end{cases} = \begin{cases} (j+1)^2 \\ j(j+1) \end{cases} \times \frac{\lambda_{\text{eff}}}{4} N \left( N^2 - 1 \right) \\ \times \sum_{c=0}^{2j} (2c+1) \left( \begin{array}{cc} j & j & c \\ 1 & -1 & 0 \end{array} \right)^2 \left\{ \begin{array}{cc} j & j & c \\ \frac{N-1}{2} & \frac{N-1}{2} \end{array} \right\}^2$$

where (:::) and  $\{:::\}$  are Wigner 3j and 6j symbols, respectively (expressible in terms of Clebsch–Gordan coefficients).